



SESSION 1: Vision

SESSION 2: Core Groups Explained

II CORE Groups

- How is Core Group organized?
 - How many can be in the group? _____
 - Where do you meet? _____
 - How often do you meet? _____
 - How long should the meeting last? _____
 - How long does the group stay together? _____

- What is your weekly assignment?
 - One chapter a day for 5 days a week. Read the New Testament through in one year.
 - Memorize Scripture assignments weekly. Deut. 6:4-9, Ps 119:9-16, Matt. 28:18-20, Col. 3:16,
 - Helps:
 - _____
 - _____
 - _____
 - Accountability. Prov. 27:17, Luke 17:3, 1 Thess. 5:11, James 5:16
 - Pray for one another.

- What happens in a group meeting?
 - Sample Group Meeting Schedule:
 - Open with Prayer (getting focused)
1-2 Min.
 - “How did you do last week?” (share Highs and Lows / Wins and Losses)
10-15 Min.

- Scripture Memory (take turns reciting this week and last week)
5 Min.
- HEAR Journals (discuss what God said to you)
20-30 Min.
- Accountability (discuss temptations, sins, frustrations, etc.)
5-10 Min.
- Prayer (intercede for each other in accountability)
10 Min.
- Discipleship covenant
 - See Discipleship covenant, Appendix .

SESSION 3: HOW DO YOU HAVE A DEVOTION TIME

- PLACE: Where should you read?
Matthew 6:5-6.
- TIME: What time should you read?
Morning? Afternoon? Night?

Why do I choose to have my devotion time in the morning?

1. It is the START of my day.
 2. I am PHYSICALLY rested.
 3. I am not INTERRUPTED.
 4. It was the PRACTICE of Jesus. See Mark 1:35.
- PROCESS: What happens in your devotion time?

1. PRAYER

Ask God to SPEAK to you.

Psalm 119:12, 26, 33, 64, 71, 73, 102, 124, 125, 130, 135, 144, 169, 171.

2. READ: Now begin to read your Scripture passage for the day. In order to help you hear from God and apply what He is saying to you, we are asking that you journal. We will teach you how using the acrostic H.E.A.R.

- H – HIGHLIGHT.

After you have prayed to begin your time with the Lord, open your Bible to the passage you are reading. In your journal, write down the date and the passage that you are reading. On the next line make a capital H. What you will write down in this section is/are the verses that stood out to you. This would be your light bulb verses. When you read it, you want to read it again. Or an event comes to your mind. You may even choose to right down the theme of the passage, or themes in the chapter.

- E – EXPLAIN.

On the next line, write down the capital letter E. In this section you will explain what the verses are saying to you. What do they mean? Here are a few questions you can ask of any text of Scripture:

Why was this verse written?

To whom was it written? Who is the audience?

How does it fit in the context? You may even want to read the chapter before and after to find this answer.

What does God intent to say through these verses?

- A – APPLY.

On the next line write the capital letter A. In this section you will write down how this verse applies to you. Here are some questions that will help you:

How can this verse help me?

What does this verse mean today?

Is there a promise to claim, a lesson to learn, a blessing to enjoy, a command to obey, a sin to avoid, a new revelation of God, Christ or the Holy Spirit?

- R – RESPOND.

On the next line write the capital letter R. In this section you will write out your response to what God is saying. This is where I normally will write out a prayer as to what I will do in response to what God has said. Sometimes it is praise. Sometimes it is thanksgiving. Sometimes it is repentance. Sometimes it is an action plan.

****You do not have to write out the letters H E A R. It is a good practice till you learn what you are doing. When I read and journal, I choose to write out the verse that God is speaking to me about. I then write out what I think God is saying and my prayer for how I will apply this to my life. Using this format as a tool will help you to get started. As you get used to it, you can make changes as you see fit.

SESSION 4: HOW TO LEAD A CORE GROUP AND THE MARCS OF A DISCIPLE

- How do you lead a CORE group?

- Who do you invite?

- How do you lead in accountability? Getting beyond the surface level.

- How do you set realistic goals for your group accountability?

- How do you handle participants who do not read their assignment?

- Who do not attend faithfully?

- How do you multiply your group?

- What are the MARCS of a disciple?

- M – MISSIONAL

2 Corinthians 5:16-21

Be missional in how you LIVE your life.

Be missional in the words that you SPEAK.

St. Francis of Assisi has been attributed with this saying, “Go into all the world and preach the gospel, and if necessary, use words.” Most scholars do not believe he said this. How can you preach the gospel unless you use words?

Romans 10:14-17

- A – ACCOUNTABLE

Ecclesiastes 4:9-12, Hebrews 10:24-25

- R – REPRODUCIBLE

We see this in the LIFE of Jesus: Mark 3:13-14.

We see this in the COMMAND of Jesus: Matthew 28:18-20

We see this in the PRACTICE of the apostles: 2 Timothy 2:1-2

- C – COMMUNAL

Acts 2:42-47, Hebrews 10:24-25, 59 “one-another” scriptures

- S – SCRIPTURAL

Colossians 3:15-17

The Scripture gives us PEACE (v. 15).

The Scripture is to DWELL in us (v. 16).

The Scripture MARKS all that we do and say (v. 17).

Robby Gallaty, in his book *Replicate*, said, “When you build your life on the bedrock of Scripture, every word and deed should be pleasing to the Lord. Every single comment that passes through your lips and every thought that enters your mind should be pleasing to the Lord. Every action includes the places you go, activities you engage in, jobs you take, items you purchase, hobbies you participate in, and websites you frequent. The way you treat others when you are frustrated and how you react to disappointing news should be a Christ-honoring response.”

Appendix 1: Discipleship Covenant

Core Group Covenant

I am committing to the following expectations:

- 1) I pledge to myself fully to the Lord with the anticipation that I am entering a time of accelerated spiritual transformation.
- 2) I will meet with my Core group weekly for approximately an hour to an hour and a half, unless providentially hindered.
- 3) I will complete all assignments on a weekly basis before my Core group meeting, in order to contribute to the discussion.
- 4) I will contribute to an atmosphere of confidentiality, honesty, and transparency for the edification of others in the group as well as my own spiritual growth.
- 5) I will pray every week for the other members of my Core group who are on this discipleship journey with me.
- 6) I will begin praying about replicating the discipleship process upon completion of this group.

Signed: _____

Core Group members signature: _____

Date: _____